



Online Booking Available!!

# Redcliff Aquatic Centre Swimming Lesson Schedule

BOOK ONLINE AT:

[WWW.BOOKEO.COM/TOWNOFREDCLIFF](http://WWW.BOOKEO.COM/TOWNOFREDCLIFF)

CALL FOR MORE INFORMATION AT:

(403) 548-9242

## Registration Dates:

Online registration begins: May 4 at 8:00am

In-Person Registration begins May 4 at 8:30 am

## *How to register?*

In person: 230 Main St. S

Online: [www.bookeo.com/townofredcliff](http://www.bookeo.com/townofredcliff)

### Parented Preschool Classes

(Starfish, Duck, and combined Starfish/Duck classes)

<i>Class</i>	<i>Date</i>	<i>Time</i>
Starfish/Duck	July 4-14	11:45-12:45
Starfish/Duck	August 1-11	12:05-12:35
Starfish/Duck	August 15-25	12:10-12:40
Starfish/Duck	August 15-25	5:30-6:00
Duck	June 6-16	12:00-12:30
Duck	June 20-30	12:00-12:30
Duck	July 4-14	5:30-6:00
Duck	July 18-28	11:45-12:15
Duck	July 18-28	4:05 -4:35
Duck	August 1-11	4:55-5:25



**Can't get into the level you need?**

Call us at (403) 548-9242 and we can put you on the wait list!

There is a possibility of opening more class times.

**We've added MORE lessons!**

**Parent and Tot Swim (0-3 yrs old)**

Monday-Friday 12:30-1:00

\*In the little pool only

### Sea Turtle Classes

<i>Class</i>	<i>Date</i>	<i>Time</i>
Sea Turtle	June 6-16	12:05-12:35
Sea Turtle	June 6-16	4:05-4:35
Sea Turtle	June 20-30	5:20-5:50
Sea Turtle	July 4-14	11:15-11:45
Sea Turtle	July 4-14	5:20-5:50
Sea Turtle	July 18-28	11:05-11:35
Sea Turtle	July 18-28	5:45-6:15
Sea Turtle	August 1-11	11:30-12:00
Sea Turtle	August 1-11	5:30-6:00
Sea Turtle	August 15-25	11:20-11:50
Sea Turtle	August 15-25	12:05-12:35
Sea Turtle	August 15-25	5:20-5:50

Note- Sea Turtle is parented at the parent's discretion



### Sea Otter Classes

<i>Class</i>	<i>Date</i>	<i>Time</i>
Sea Otter	June 6-16	4:05-4:35
Sea Otter	June 6-16	5:45-6:15
Sea Otter	June 20-30	12:05-12:35
Sea Otter	June 20-30	4:15-4:45
Sea Otter	July 4-14	11:55-12:25
Sea Otter	July 4-14	4:05-5:35
Sea Otter	July 18-28	10:45-11:15
Sea Otter	July 18-28	11:20-11:50
Sea Otter	July 18-28	5:25-5:55
Sea Otter	August 1-11	11:50-12:20
Sea Otter	August 1-11	5:25-5:55
Sea Otter	August 15-25	12:00-12:30
Sea Otter	August 15-25	5:25-5:55



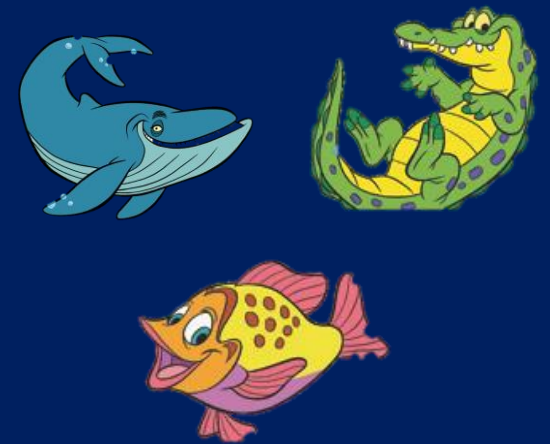
### Salamander Classes

<i>Class</i>	<i>Date</i>	<i>Time</i>
Salamander	June 6-16	12:05-12:35
Salamander	June 6-16	5:30-6:00
Salamander	June 20-30	12:05-12:35
Salamander	June 20-30	5:30-6:00
Salamander	July 4-14	11:40-12:10
Salamander	July 4-14	5:35-6:05
Salamander	July 18-28	12:00-12:30
Salamander	July 18-28	5:20-5:50
Salamander	August 1-11	10:50-11:20
Salamander	August 1-11	11:40-12:10
Salamander	August 1-11	4:45-5:15
Salamander	August 15-25	11:30-12:00
Salamander	August 15-25	4:50-5:20



### Sunfish, Crocodile, and Whale

<i>Class</i>	<i>Date</i>	<i>Time</i>
Sunfish	June 6-16	4:45-5:15
Sunfish	June 20-30	4:45-5:15
Sunfish	July 4-14	4:45-5:15
Sunfish	July 18-28	10:45-11:15
Sunfish	July 18-28	11:20-11:50
Sunfish	July 18-28	4:45-5:15
Sunfish	August 1-11	11:00-11:30
Sunfish	August 1-11	4:50-5:20
Sunfish	August 15-25	4:45-5:15
Croc/Whale	July 4-14	5:00-5:30
Croc/Whale	August 1-11	10:15-11:30



## Red Cross Lessons (Levels 1 and 2)

<i>Class</i>	<i>Date</i>	<i>Time</i>
Level 1	June 6-16	4:45-5:15
Level 1	June 6-16	4:50-5:20
Level 1	June 20-30	4:50-5:20
Level 1	July 4-14	11:05-11:35
Level 1	July 4-14	4:45-5:15
Level 1	July 18-28	10:15-10:45
Level 1	July 18-28	4:45-5:15
Level 1	August 1-11	11:05-11:35
Level 1	August 1-11	5:30-6:00
Level 1	August 15-25	11:20-11:50
Level 1	August 15-25	4:50-5:20
Level 2	June 6-16	5:10-5:40
Level 2	June 20-30	5:00-5:30
Level 2	July 4-14	10:40-11:10
Level 2	July 4-14	4:10-4:40
Level 2	July 18-28	10:50-11:20
Level 2	July 18-28	5:10-5:40
Level 2	August 1-11	11:10-11:40
Level 2	August 1-11	4:05-4:35
Level 2	August 1-11	4:45-5:15
Level 2	August 15-25	10:40-11:10
Level 2	August 15-25	4:10-4:40

## Can't get into the level you need?

Call us at (403) 548-9242  
and we can put you on the  
wait list!

There is a possibility of  
opening more class times

## Red Cross Lessons (Levels 3 and 4)

<i>Class</i>	<i>Date</i>	<i>Time</i>
Level 3	June 6-16	5:20-5:50
Level 3	June 20-30	4:05-4:35
Level 3	July 4-14	11:10-11:40
Level 3	July 4-14	4:05-4:35
Level 3	July 18-28	10:10-10:40
Level 3	July 18-28	4:10-4:40
Level 3	August 1-11	10:15-10:45
Level 3	August 1-11	4:15-4:45
Level 3	August 15-25	10:50-11:20
Level 3	August 15-25	4:15-4:45
Level 4	June 6-16	4:10-4:40
Level 4	June 20-30	4:10-4:40
Level 4	July 4-14	10:30-11:00
Level 4	July 4-14	4:45-5:15
Level 4	July 18-28	10:10-10:40
Level 4	July 18-28	11:30-12:00
Level 4	July 18-28	4:05-4:35
Level 4	August 1-11	10:30-11:00
Level 4	August 1-11	4:10-4:40
Level 4	August 15-25	10:10-10:40
Level 4	August 15-25	4:05-4:35

Please Note: Each level  
**must** be passed before  
moving onto the next level  
unless extenuating  
circumstances apply

## Red Cross Lessons (Levels 5, 6, and 7)

<i>Class</i>	<i>Date</i>	<i>Time</i>
Level 5	June 20-30	4:35-5:20
Level 5	July 18-28	10:15-11:00
Level 5	July 18-28	4:15-5:00
Level 5	August 1-11	10:20-11:05
Level 5	August 15-25	4:00-4:45
Level 5/6	June 6-16	4:15-5:00
Level 5/6	July 4-14	10:15-11:00
Level 5/6	July 4-14	4:00-4:45
Level 5/6	August 1-11	4:00-4:45
Level 5/6	August 15-25	10:30-11:15
Level 6	June 20-30	4:15-5:00
Level 6	July 18-28	9:15-10:00
Level 6	July 18-28	4:45-5:30
Level 6	August 1-11	9:15-10:00
Level 6	August 15-25	5:00-5:30
Level 7	July 4-14	9:20-10:20
Level 7	July 18-28	9:00-10:00
Level 7	August 1-11	9:20-10:20
Level 7	August 15-25	9:30-10:30

### Not sure what level to put your child in?

Come in for a FREE  
assessment during  
Family swim. Please  
call ahead.

## Red Cross Lessons (Levels 8, 9 and 10)

<i>Class</i>	<i>Date</i>	<i>Time</i>
Level 8	July 4-14	9:30-10:30
Level 8	July 18-28	9:05-10:05
Level 8	August 1-11	9:05-10:05
Level 8	August 15-25	9:00-10:00
Level 9/10	July 4-14	9:05-10:05
Level 9/10	July 18-28	9:05-10:05
Level 9/10	August 1-11	9:15-10:15
Level 9/10	August 15-25	9:15-10:15

### Special Needs Swim Program

Every Sunday 12:00-1:00

Geared to Students with Disabilities.  
For those looking for a quiet place to  
swim.

# Advanced Courses

## Bronze Medallion and Cross Combo Class (include CPR-A and CPR-C)

Planning on becoming a Lifeguard? Join us for our Crash Course Bronze Medallion and Cross Combo Class. Students will learn an understanding of the lifesaving principles embodied in the four components of water rescue education: judgement, knowledge, skill and fitness. Rescuers learn tows, carries, and defence and release methods in preparation for challenging rescues of increased risk involving conscious and unconscious victims of various types. Lifesavers develop stroke efficiency and endurance in a timed swim.

Bronze Cross is designed for lifesavers who want the challenge of more advanced training including and introduction to safe supervision in aquatic facilities. Bronze Cross is the prerequisite for all advanced training programs including National Lifeguard and Instructor Certification.

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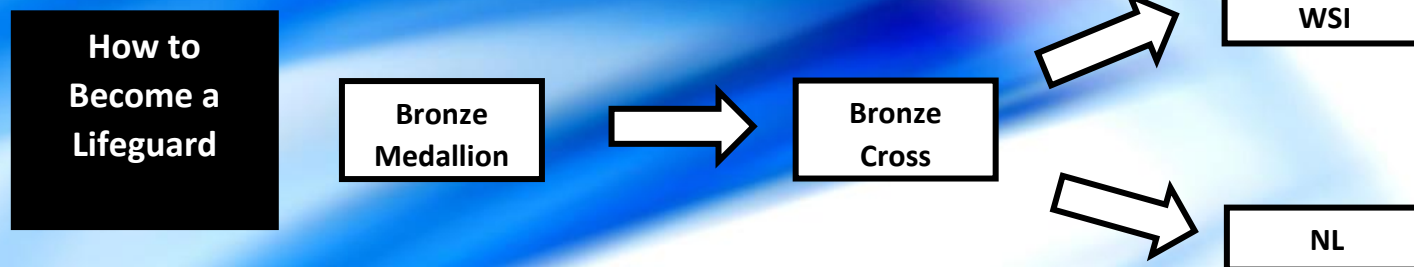
### Course Dates:

July 11-15th 2016 (Monday-Friday)

Cost: \$250 Lifesaving Manual Included

8:00 am – 4:00 pm

\*prerequisite- 13years of age



# Advanced Courses Continued...

## Water Safety Instructor

The Water Safety Instructor (WSI) Course prepares candidates to instruct the Red Cross Swim programs. Candidates focus on strategies to introduce and develop fitness activities, skills and water safety, and swimming skills in the Red Cross Swim Preschool, Red Cross Swim Kids, Red Cross Swim for Adults & Teens, and Red Cross Swim Adapted programs.

There are four components; Skills Evaluation, Online lessons, Teaching Experience and Classroom Pool. For further inquiries feel free to come in or phone the pool.

Classroom-Pool : August 22-26, 2016 (Monday-Friday)

Cost: \$250 Manual, Deck book and PIN included

9:00am-1:00pm

\*prerequisite-15 years and Bronze Cross or Emergency First Aid (does not have to be current)

To provide ample time for the online modules and teaching experience Please Register by July 15<sup>th</sup>.

## HOW TO BECOME A RED CROSS SWIM INSTRUCTOR

### Step 1

*Skills Evaluation  
(In Pool)*

### Step 2

*Online  
Modules*

### Step 3

*Teaching Experience  
(In Pool)*

### Step 4

*Certification  
(In Pool & Class)*

**\*\*\*For all advanced swim courses please bring extra towels, bathing suit, snacks, pen, and paper\*\*\***

## Pricing:

Red Cross Preschool-Swim Kids Level 4.....	\$35.00
Red Cross Swim Kids Levels 5-10.....	\$40.00
Lifesaving Society Bronze Medallion/Cross Combo Class .....	\$250.00 (book included)
Red Cross Water Safety Instructor (WSI) Course .....	\$250.00 (book and PIN included)
Private Lessons (per person/half hour).....	\$15.00

\*GST included in all fees.

## Important Notes to Consider:

The Redcliff Aquatic Centre reserves the right to change or cancel lesson times due to any factor beyond their control (Example: the minimum number of swimmers required to run a lesson is not met/illnesses/weather)

### ***Lesson Cancellation Policy:***

- All lessons require a minimum of two children to be registered for classes to run. The minimum number of children must be registered by the Friday before the session start date
- Cancellations made before the Friday prior to the session start date will be refunded. A \$15.00 administration fee will still apply.
- Cancellations made after the Friday prior to the session start date will not be refunded.
- Lessons cancelled by the Redcliff Aquatic Centre will be fully refunded.

*Register online at [www.bookeo.com/townofredcliff](http://www.bookeo.com/townofredcliff)*

*Register at the Redcliff Aquatic Centre*

Payment options: Mastercard, Visa, Visa/Debit

Payment Options: Cash, Debit, or Visa/Mastercard

**For more information please stop by the Redcliff Aquatic Centre or call (403)548-9242**

Weekday Hours: Monday-Friday 7:00am-9:00 pm

Weekend Hours: Saturday- 1:00pm-9:00pm

Sunday- 12:00pm-7:00pm